

# DREAM ACADEMY FAQ's



## WHAT IS DREAM ACADEMY?

Dream Academy is a signature DreamBank program and a skills-based virtual learning experience designed to help you overcome the most common — yet daunting — obstacles dreamers face. In this digital classroom-style program, we're partnering with distinguished experts and professors to lead you through a curriculum consisting of video lectures, guided discussions and individual homework while creating a shared community for you to learn and grow within. Each session will address common obstacles that can get in the way of your dream pursuits and equip you with the tools and skills to overcome them.

## HOW LONG IS THE COURSE?

Each session is five weeks long. By signing up, you're committing to a weekly hour-long meeting, as well as individual development homework.

## CAN I REACH OUT TO THE SUBJECT MATTER EXPERT?

Yes! You'll be able to interact with the course leader to ask questions about the weekly content or homework.

## HOW MUCH IS IT TO ATTEND THIS COURSE?

Zip. Zilch. Nada. Like all our DreamBank events, **there is no monetary cost to attend Dream Academy** — the investment is your time, hard work and relentless pursuit of your dream.

## HOW DO I REGISTER?

Registration for each class opens on a rolling basis for each skill session and is currently limited to 100 attendees. Head to the Eventbrite link to sign up. We'll email you a Time Acknowledgement Form to virtually sign and return to complete your registration.

## WHERE CAN I FIND THE VIDEOS AND MATERIALS FOR THIS PROGRAM?

All the videos for the course will be linked through our website. The course materials will be mailed out to each participant before the course begins so you'll be ready to dive in!

## WHAT DO I DO IF I HAVE TECHNICAL ISSUES?

Our email, [dreambank@amfam.com](mailto:dreambank@amfam.com), is open for all questions, but platform-specific questions can be answered by the purple chat box on the bottom right hand of your screen. This chat box directs you to the Podia support team.

## WHAT PREP WORK DO I NEED TO DO AND WHAT DOES THE HOMEWORK INCLUDE?

No need to prep for our first session! Following the first class, you'll receive weekly homework which will include videos and workbook materials to complete before our next session. We expect this to take about 30 minutes a week outside of class.

## WHAT AM I EXPECTED TO DO FOR CLASS MEETINGS?

Classes will be hosted virtually via Zoom and led by the course leader and DreamBank Dream Curators. We would love for you to keep your cameras on and be willing to share your own thoughts as you work through the material. These weekly meetings will last an hour for the five-week course duration.

## WHAT IF I CAN'T ATTEND A COHORT MEETING?

To get the most out of this experience, our hope is that all attendees will be able to commit to all five sessions. If something does come up, please let us know you'll be missing the session. We won't be recording the weekly sessions, but each week we'll share a recap email to summarize the content covered.

## WILL I HAVE ACCESS TO THE MATERIAL AFTER THE CLASS WRAPS UP?

You'll get access to the weekly homework modules for 30 days following your course end date. As an added bonus, we'll mail a physical workbook and journal to you to keep and reference back to as you continue to learn and grow.

## WHAT TIME ZONES WILL THE COHORTS BE STREAMED IN?

The event times listed reflect Central Standard Time.



**IF YOU HAVE ADDITIONAL QUESTIONS, PLEASE CONTACT US AT**

**[dreambank@amfam.com](mailto:dreambank@amfam.com)**

American Family Mutual Insurance Company S.I.,  
6000 American Parkway, Madison, WI 53783

©2021 - 4/21